

Luxury Hiking & Wellness Retreats South Africa

*From £2,500 per person**

- 🌀 Hosted & guided
- 🌀 5–9 nights luxury accommodation
- 🌀 1–5 nights in remote mountain or coastal cabins
- 🌀 All meals & drinks*
- 🌀 All transfers included



*Excludes international flights. Terms apply.

What to Expect

Curated experiences designed to balance adventure with indulgence:

🌿 Guided daily hikes & multi-day slackpacking trails

🌿 Cape Malay cooking experiences

🌿 Dining in Cape Town's hottest restaurants
Wine tastings & gourmet picnics

🌿 Coastal runs, padel & wellness sessions

🌿 Beach yoga, forest bathing & cold-water plunging

🌿 Cultural tours, heritage walks & local markets

🌿 Wild swimming in mountain reservoirs

Discover South Africa on Foot

South Africa's landscapes are made for exploration – dramatic coastlines, towering mountains, rich wildlife and pristine beaches all within easy reach.

Our guided hiking holidays combine **iconic trails with exceptional comfort**. Think sunrise summits, fynbos-covered slopes and ocean views by day, followed by

world-class cuisine, fine wines and boutique accommodation by night.

Whether you're an experienced hiker or simply love the outdoors, these journeys are designed to be **active, restorative and effortlessly luxurious**.

“We laughed from start to finish of a 9 day trip. Ash and her team were exceptional, bringing a touch of luxury to even the most remote setting!”

Cape Town Peaks

Signature 5-Night Experience

Base yourself in a luxury guesthouse in Cape Town and explore one of the world's most spectacular hiking destinations.

Your mornings

Summit Table Mountain's most iconic routes with expert guides, ranging from relaxed scenic walks to more challenging climbs.

Your afternoons

Unwind and explore the city – from beaches and wine estates to vibrant neighbourhoods, markets and cultural landmarks.

Highlights Include

- 🌿 Table Mountain & surrounding peaks
- 🌿 Cape Peninsula & Chapman's Peak Drive
- 🌿 Boulders Beach penguins
- 🌿 V&A Waterfront & local markets
- 🌿 Constantia wine region

Optional adventures include mountain biking, trail running, paragliding and wild swimming – or simply relax poolside.

Optional Add-On: Overnight on Table Mountain

Stay at a remote mountain cottage for a truly unforgettable experience.

Enjoy sunset drinks, stargazing, fireside dining and a sunrise above the clouds – all without carrying your gear, thanks to fully supported logistics.

Slackpacking Multi-Day Trails

Hike light, travel well. Your luggage is transferred ahead, so you can focus entirely on the experience.

Featured Trails

Whale Trail (De Hoop)

Coastal hiking with world-class whale watching

Otter Trail (Garden Route)

Iconic shoreline, beaches and forest

Pondo Trail (Wild Coast)

Remote, cultural and untouched

Leopard Trail (Baviaanskloof)

Rugged wilderness and rare wildlife

Canyon Trail

Dramatic canyons and luxury glamping under the stars

- 🌿 Each route blends immersive nature, expert guiding and comfortable, characterful accommodation.

2026 Packages

From based on per person sharing

All packages include at least 2 night luxury accommodation, before or after a multi-day trail and include all meals, transfers and drinks.

Prices are based on per person sharing but we welcome solo adventurers, families and couples as well as all fitness levels.

Cape Town Peaks	5 nights	£2,900 pp
Cederberg Peaks	5 nights	£2,500pp
Whale Trail	7 nights	£3,500 pp
Otter Trail	7 nights	£3,500 pp
Pondo Trail	6 nights	£4,500 pp
Leopard Trail	5 nights	£4,500 pp
Canyon Trail	5 nights	£4,000 pp

Why Travel With Us

We specialise in **seamless, small-group journeys** that combine adventure with luxury – giving you access to South Africa's most extraordinary landscapes without compromising on quality.

Start Planning

If South Africa is on your bucket list, there's no better way to experience it.

Contact Ash Jarvis

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